

## Mould Free Living

Tenants, please take responsibility to help prevent mould in your property. We live in a very warm climate and mould can appear very quickly. The following tips can help keep your rental property mould free.

- Open you windows as often as possible.
- If you have security screens, try to leave the windows slightly open at all times to allow air flow.
- Open your blinds and curtains to let the sun shine in, daily bacteria hates sunlight.
- · Put on all exhaust fans when cooking and showering.
- Try to keep dust at bay as mould loves to settle on it, wipe off clean.
- Try to keep areas dry mould and spore are attracted to dampness.
- As often as you can, take bedding out into the UV sunlight. UV Sunlight eradicates all little nasties that like to settle in, especially babies. Take their mattress out into the sun for a couple of hours, very healthy.
- In the bathroom when using hot water, always open the window and put the fan on.
- A suggestion for cleaning your house is using 'oil of cloves'. You can buy it from the chemist for around \$8. It
  dilutes to a few liters. Put it in a spray bottle and you have a lovely fresh mist very cost effective and keeps
  mould at bay.
- Put white vinegar in clothes washing, this kills bacteria.
- Mould growth that starts on ceilings is due top lack of ventilation, that's why it is important to open your windows and doors to let moist air escape.
- If you find mould on your possessions in wardrobes, take them outside and give them a wipe down with diluted oil of cloves. Leave them in the sunlight for awhile.
- Wipe cupboard out with oil of cloves.
- Condensation causes mould. To prevent, wipe down condensation immediately, open your windows and let the sun shine in, and dry it up.
- In winter during the day, it is normally warmer outside that in. Open your windows and blinds, let it dry up condensation. So healthy to have fresh air and sunlight through your house.
- If you follow these few simple steps, you will keep mould and bacteria at bay and also have a healthy clean existence.